GO FORWARD AND BACK (SQUARE DANCE REEL)

LS E-10

Formation: Four couples in a square, girl on boy's right, all facing center.

CALL
Suggested
Counts Opener and Closer
8 All join hands and circle to the left, ,
8 Go all the way around the track, make your feet go
whickety whack,
8 Walk into the center and you back right out,,
8 Walk in again with a great big shout, ,
8 Swing your partner with a two-hand swing, ,
16 And promenade home around the ring, ,
,
<u>Figure</u>
8 One and three go forward and back, ,
8 Two and four go forward and back, ,
8 Swing your corner, go round and round, ,
16 And promenade around the town, ,
,
Routine: Opener, figure 4 times, closer.

Note: The dashes represent beats necessary to finish out the phrase and on which you should say nothing. However, the timing of the dance can be variable, and although you and the dancers should try to get the feel of the 8-count phrase, you do not have to adhere to it if someone falls behind or needs help.

Be sure that everyone knows his number and home position, his partner and his corner.

Remind the boys that their "home" is the position in which they start the dance; they always return to that spot, even with a new partner. The number ones always have their back to the teacher; the couples opposite them, looking at the teacher, are the number threes; the couples to the right of the teacher are number twos, and those to the left, the number fours.